



Child Management Associates

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REMINDERS

- **3 Reviews a Year:** It is a new fiscal year for CMA. This means we start fresh with a **minimum of 3** new reviews for every provider. If there are concerns, more than 3 reviews may be conducted to ensure program regulations are being met.
- **What Kind of Reviews are Required?** 3 Reviews are required each year. At least 1 of those has to be an Unannounced Meal. But all 3 Reviews COULD BE UNANNOUNCED and more than one may be at a meal time!
- **Closing Out:** Since you could have an unannounced review during any meal time, it is very important for you to be closing out when you are not home for a meal or when you don't have any outside daycare kids present for a meal. If you do not close out, and your monitor shows up for a review, you will receive a Not Home and be disallowed for the meal. To close out you can call the office, call/text your monitor, email the office or text the office text number.
- **Health and Safety Inspections:** This month we will be starting our 3 Health and Safety Inspections for the year for RELATIVE CARE PROVIDERS ONLY! These Health and Safety Inspections will be done when your monitor conducts your reviews.
- **Serving the Same Meal More Than Once in a Day:** Starting last month, serving the same meal more than once in the same day will no longer be allowed. We were seeing this meal warning a lot on the Error Reports. It has been changed from a Meal Warning to a Disallowed Meal starting September 1st. Please make sure you are serving a variety of meals and snacks during the day.
- **Do Not Do Sign In and Outs on KidKare:** The checking in of the children at the first meal of the day is different than sign in and outs. Doing sign in and outs on KidKare causes errors on your claim.

Claim Due Dates

Please remember you have until the 5th business day at 9:00 AM turn your claim in on time.

Oct	Tues. Nov. 7	Dec. 20
Nov	Thurs. Dec. 7	Jan. 20
Dec	Mon. Jan 8	Feb. 20

TEXT CMA AT

801-891-2960



Coffee Filter Bat Directions

1. Start by painting your clothespin with the black paint. Let it dry completely
2. Once the clothes pin is dry, take your gel pen or paint and draw a little face on the clip end of the clothes pin.
3. Next, take a coffee filter and fold it in half.
4. Take your markers and completely color the top side of the coffee filter.
5. When they're all colored in, take a spray bottle and spray the filters until they're completely damp and the colors have started to blend together. Let them dry completely.
6. Once the filters are dry, use your scissors to cut little round half circle shapes around the edge of the filter.
7. To finish, gather up the coffee filter and pinch it in the middle. Slip the middle of the wing into the clip and you're done! Enjoy this fun and Spooky Halloween Craft!

RENEWALS

Remember to be on the look out for your renewals that come in the mail. Turning these in on time will keep your claim from being put on hold.

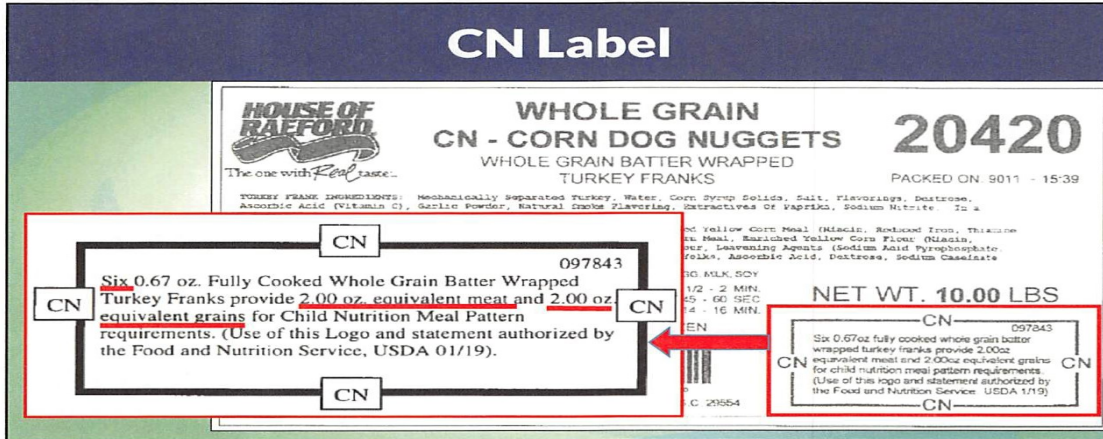
- **Enrollment Renewal Last Names Starting With: T**
- **Income Eligibility Form**
- **License/Relative Cert**
- **CPR and 1st Aid**

Coffee Filter Bat Materials:

- Coffee filters
- Clothespins
- Crayola washable markers in dark colors
- Black paint
- Silver or white gel pen or paint,
- Scissors
- Small paintbrush
- Spray bottle filled with water

CN Label Reminders

- **What is a CN Label?** It is a label on **Store Bought Combination Foods** that specifies what components are in this meal and how much is needed of each component to be allowed to serve it on the food program. A CN Label looks like this:



- **What are Store Bought Combination foods?** Combination foods are foods that combine multiple components such as Meat/Meat Alternate and Whole Grain into one store bought item. It is impossible to measure the correct amount of Meat/Meat Alternate and Whole Grain in these items without a CN Label. You will not know if you are serving the correct amount if you use Store Bought Combination Foods without a CN Label!
- **Examples of Store Bought Combinations Foods are:** Mini Corn Dogs, Chicken Nuggets, Fish Sticks, Meatballs, Pizza, Raviolis, and Salisbury Steak.

YOU SHOULD NOT BE SERVING THESE FOODS IN YOUR DAY CARE!!!!

- 99% of Combination Foods bought at the store DO NOT have a CN Label on the box.
- If a box of Combination Food DOES NOT have a CN Label, then you cannot serve it to your children.
- If your Monitor comes to your home and you are serving these foods and they do not have a CN Label then you will be disallowed for that meal.

It is ALWAYS a better to be serving Homemade and Fresh foods rather than Store Bought Combination Foods.



Fall Apple

Fun Fall Meal Ideas

Pumpkin Oatmeal



Materials: 1 cup quick cooking oats, 1 1/2 cup water, 2 cups applesauce, 1 cup pumpkin puree, 1 tsp cinnamon, 1 tsp vanilla extract, 4 bananas

Add all ingredients to a medium saucepan. Cook on medium-high heat until liquid is almost nearly absorbed by the oats. Serve 2/3 cup of oatmeal with 1/2 a banana, sliced to each participant immediately while still warm.

Sweet Potato Hash



Materials: 1 tablespoon olive oil, 1/2 sweet onion, diced, 2 lbs sweet potatoes, peeled and diced, 2 tablespoons water, 3 large eggs

Sautee the onion in oil until thoroughly softened. Stir in the sweet potato and water, then cover pot and cook on medium-high heat for 10-15 minutes until the potatoes are cooked. Make three cavities with the back of a spoon and crack in the eggs. Cover again, cook 5 minutes until the eggs have set, and scramble them into the potatoes. Serve immediately.